Short Bio
of Dr. Stephen E. West, DL, PMD

Dr. Stephen West is one of America's most influential health educators. With more than two decades of experience, he has lectured throughout the world and has developed many health information products.

Stephen was born in Arizona, a son of internationally famous Dr. C. Samuel West, DN, ND, Chemist and Lymphologist, who dedicated his life to save lives. His father was the first person in the world to give public lectures on the lymphatic system. He lectured in approximately 200 cities per year (about five to six cities per week) for seventeen years.

• It took Dr. C. Samuel West seventeen years to uncover the published research by Dr. Cecil K. Drinker, Dr. H. S. Mayerson, and Dr. Arthur C. Guyton - the research that proved why and how the blood proteins and water come out of the blood stream to produce the conditions at the cell level that cause pain, cancer, heart disease, diabetes, and all other crippling and killer diseases!

• Dr. C. Samuel West is the Father of Applied Lymphology to the lay public and also the Father of the Sodium Potassium Pump, since he discovered it and was the first person in the world to name it the “Sodium Potassium Pump” and to call it the “electric generator” of the cells. This electric generator maintains the delicate sodium potassium balance and gives all cells the POWER to work.

• In 1979 in Italy Dr. C. Samuel West first attended the International Congress of Lymphology. He and his work were honored at this congress and he was then accepted as the 379th member of the International Society of Lymphology (ISL).

• In 1980 Dr. C. Samuel West then wrote the *Two Basic Formulas for Life and Death* at the cell level, along with the *31 Step Equation* for a step-by-step scientific explanation of these two basic formulas in detail.

• At the 1981 International Congress of Lymphology, in Montreal Canada, Dr. C. Samuel West presented the *Formula For Life*, the *Formula For Death*, and the *31 Step Equation* detailing these formulas. These formulas along with the *31 Step Equation* were totally accepted, without debate. These formulas make it possible to learn the cause of pain and disease in simplicity, which is priceless!

• In 2003 Dr. C. Samuel West’s work was honored as he was a Nominee for four prestigious Nobel Prizes. The 2003 Nobel Prize in Chemistry was awarded for research done on the Sodium Potassium Pump - which Dr. C. Samuel West discovered! Again, the Sodium Potassium Pump generates the POWER for all cells to work.

Stephen was born on Fathers Day and is moving his father’s work forward with new speed as he has studied his father’s work more closely than anyone else, he gives his father credit. After graduating from college in 1993, Stephen has been invited to participate on several radio and
television spots, representing the healthy living research, with and without his father. Stephen has since developed many new solutions, improved processes, and educational materials.

In 1993 Dr. Stephen E. West took the initiative and challenge of helping zero convert AIDS victims. Zero converting means that the lymphatic system had purified their bodies to the point that the HIV antibodies didn’t even show up in their HIV blood screening tests.

In 1995 Stephen was a participant of the International Congress of Lymphology in Sao Palo, Brazil, where he and his father gave two presentations: The Cause Of A.I.D.S., How The H.I.V. Virus Kills, And How To Stop It, and How Energy From Various Sources Can Activate The Lymphatic System To Heal The Body. At the same time, his father was honored to accept the assignment of Chairman over these and many other doctors’ presentations at this Congress. There Stephen also met many of the top medical research scientists and lymphologists in the world, including past presidents of the society, Dr. Waldemar Lech Olszewski from Poland and Dr. Mario Degni from Brazil, who were on his father’s advisory board until he died. He also met Dr. Joseph Beninson of MI., Dr. Jack Shields of CA., Dr. Casley Smith of Austrailia, Drs Charles and Marlys Whitte of AZ., and many more.

Even though the Lymphatic System is one of the 12-14 systems in the body, not one course on Lymphology is being taught in any University, Medical School, or any other College in the USA. Even though the lymph vessels are more extensive than the blood vessels and there is more lymph than blood in the body, for every 200 pages in all the medical textbooks of Anatomy, Pathology, and Physiology, there is less than one page dedicated to share information about the lymphatic system. This neglected area of research lays the scientific foundation of all the healing arts and reveals why it’s possible for people to heal themselves without drugs, surgery, or medication of any kind.

Due to the combination of skills, accomplishments, and experience, in 1998 Stephen’s father asked him to fill his shoes as the Executive Director of his academy, with responsibility over all the technical aspects of educational materials and programs. Stephen had been diligently developing new materials since 1993, so he easily accepted this responsibility as the new version of the Applied Lymphology Course (ALC) went through it’s biggest revision in history.

The new Applied Lymphology Course, Zero Disease with Speed Healing™, has gone through even greater improvements. The new Applied Lymphology materials and training programs teach why and how it’s possible to produce Speed Healing™ faster than ever before.

Stephen has a list of many success stories of helping people heal their own ailments.

Will Green, Founder of the International Massage Association, and an advocate of Stephen’s work, gives Dr. C. Samuel West credit for his success as being the first person in the world to make a million dollars as a Masseur.

Anthony Robbins is a leading authority in Personal Development. He was a student of Dr. C. Samuel West’s from the time he was living in a cubicle and did his “walk” which began his success. The Applied Lymphology Course also lays the scientific foundation of all personal development.

Leading by example, Dr. Stephen E. West has a four year plan to complete his goals for building up the training teams which will move this life changing work forward.