Introducing - Sub Pressure Esthetics™
Health & Beauty Go Hand In Hand!
Lift, Tuck & Lipo Suck Without The Surgery!

By Dr. Stephen E. West, DL, PMD

In a simple sense, the sub pressure [negative pressure] environment of the cells is a perfect living environment of the cells where the body is perfectly healthy.

As you may expect, there is also the opposite of healthy or an imperfect environment of the cells for obesity, high blood pressure, cardiovascular disease, cancer, diabetes, arthritis, and every other ailment. After six gallons of excess water in the body, the cellular environment turns positive and the body can hold up to 20 gallons of excess water, which equals four 5 gallon jugs.
Chart 2. Explanation

- Top - Blood Vessel (Capillary)
- Left - Only enough fluid to fill the spaces around the cells - and that is all! Negative Pressure
- Right - Trapped Blood Proteins create Excess Fluid, (Swelling/Inflammation), Excess Sodium, Lack of Oxygen, Positive Pressure
- Middle - Body cells
- Bottom - Lymphatic Vessels With One Way Check Valves

Remember, the body experiences radical decreased negative pressure with excess fluid and turns to positive pressure after six gallons of excess water.

**This Research Reveals**

You have blood vessels going throughout your body, (positive pressure system, bringing oxygen and nutrients to your cells). You also have a set of lymphatic vessels going side by side the blood vessels. The main purpose of the Lymphatic vessels is to maintain and establish the perfect living environment of the cells, (sub atmospheric pressure created by the lymph vessels removes excess fluid so the cells can get the oxygen and nutrients from the blood). Only the lymphatic vessels can perform this function of maintaining the healthy, sub atmospheric pressure environment of the cells.

Trapped blood proteins are the only substance that have the ability to create excess water or excess fluid as found in inflammation or swelling. Wherever the blood proteins go the water goes with them. Again, the lymphatic vessels accomplish their job of maintaining the perfect living environment of the cells by removing the excess and trapped blood protein and excess fluid/water from the spaces around your cells, in every organ and every part of your body, so all the cells can get oxygen from the blood stream. This is what makes it possible for your cells and body to function properly, so you could possibly be free of pain, loss of energy and disease as long as your body cells are in the healthy environment.

**Life Saving Research**

Now that you can learn how the blood proteins cause pain, loss of energy and disease, you can also take steps of prevention, (by living pure laws and principals), as well as learn how to activate the lymphatic vessels to reverse the effects of excess and trapped blood proteins and water around the cells, to eliminate pain, loss of energy, and disease. This research clearly has the ability of helping to save millions of lives, including your own, but only if you will learn and apply it.

Medically documented and by divine design, your lymphatic vessels hold the power to create the healthy sub atmospheric pressure environment to both enhance esthetics and to heal yourself!

What holds the body together? The integrity, size, and shape of the body is maintained by the negative pressure created by the lymphatic vessels, and there isn’t enough connective tissue in the body to do this job alone. When skin is pulled and let go, the skin snaps back into place because
of the effects of the sub pressure created by your lymphatic vessels.

Wrinkles fade as cells hydrate. How often have you wondered why your skin shrivels up when waterlogged after spending too much time in the bathtub or shower? CELLS DEHYDRATE IN EXCESS FLUID! Because the cells shrink up in excess fluid and lack of oxygen while the lymphatic vessels are still working to maintain a sub pressure environment around the cells. This mystery is solved!

Healthy cells are volumized cells. If the pump works properly, it not only keeps the sodium/potassium balance right; it also brings calcium, iron, glucose and other minerals and nutrients into the cell, some of which help to volumize the cell.

Cells dehydrate with excess fluid. Excess fluid and lack of oxygen causes the Sodium Potassium Pump to shut off which will cause dehydration as the Sodium Potassium Pump isn’t helping to bring nutrients inside the cell, some of which help to volumize the cell.

Cells generate electrical energy. The Essence of Life for the human body is powered by electrical energy and our health, strength, and endurance depend on the energy currents that run through the body. The 2003 Nobel Prize in Chemistry was awarded for research done on the Sodium Potassium Pump, which pump my father, Dr. C. Samuel West, DN, ND, Chemist & Lymphologist, discovered and he was the first person in the world to call it that as well as to teach that it is the electric generator of the cells. In essence, if the pump is running properly, it generates the power for the cells to work properly. The two great questions are, “What shuts this pump off?” and “What turns this pump back on again?” These two questions provide us with the cause of pain and disease in simplicity and the secret to the healing processes. This research is available in the Applied Lymphology Course provided by www.ZeroDisease.com, and unfolds the scientific foundation to all of the healing arts and all personal development, because all aspects of life and death are tied into the life and death process of the cells.

Obesity is a form of lymphedema, which is swelling due to trapped blood proteins and also contains toxins and poisons.

The word “tumor” stems from the Latin word “tumere”, which means “to swell”.

What about Botox injections? Anything that produces lack of oxygen of cells causes them to dehydrate and shrivel up as the cells electrical energy produced by the Sodium Potassium Pump is shut off. This is why people end up with thinner lips than they had before, once the Botox wears off, which is a pretty good marketing plan for Botox. This type of process can create some serious repeat business as people end up becoming patients for life!

Then there’s male and female enhancement. Laurie Straub has used her own techniques with great success, without surgery. Our Power Plant Technology is similar in that it targets amplifying and magnifying the thought wave from the brains to target the hypothalamus and the pituitary gland. The same process that has is used for female enhancement can also be used for male enhancement. Moreover, our Power Plant Technology also includes all other endocrine glands as well, which the Chinese have called the “Seven Houses” of the body. The endocrine glands are responsible for all of the biological processes that take place in the body, and the pituitary gland is responsible for both the male and female changes that occur during puberty. Not all women want to increase the size
of their breasts—some want to reduce them. What if all women could prevent the process (which makes breasts grow larger) from taking too long to slow down or shut off? They could prevent them from getting too big to begin with. It may still be possible to reduce the size of the breasts after the fact by simply turning on the natural processes that reduce them, such as stimulating the thyroid glands to speed up the metabolism.

Health and beauty go hand in hand. Finally, the overall healthy shape can possibly be enhanced by strengthening the sub atmospheric pressure produced by the lymphatic vessels. The lymphatic system is also the core of our immune system. No one dies of AIDS, which actually attacks the lymphocytes, they die from all of the diseases caused by AIDS. What a way to help you understand how important the lymphatic system really is. The lymphatic system holds the keys to both health and beauty.

In 1995, at the 15th International Congress of Lymphology, held in Sao Paolo, Brazil, I explained two presentations, “The Cause Of AIDS, How The HIV Virus Kills & How To Stop It” and “How Energy From Various Sources Can Activate The Lymphatic System To Heal The Body”. My father, Dr. C. Samuel West, and I were both honored as he was also trusted to be Chairman over these and many other doctors presentations given at this congress.

Create your:

Sub Pressure Face Lift™
Sub Pressure Breast Lift™
Sub Pressure Tummy Tuck™
Sub Pressure Lipo Suction™

etc.

The details on what activates your lymphatic vessels and how it’s possible for you to activate the lymphatic vessels with techniques designed to target every gland, organ, muscle, bone, and cell in the body, even by yourself in the privacy of your own home, are taught in the Applied Lymphology Course available at www.ZeroDisease.com or www.SubPressure.com.

Key Points To Understand And Remember:

- Health & beauty go hand in hand!
- Cells hydrate in the Healthy State.
- Cells dehydrate with excess fluid.
- Wrinkles fade as cells hydrate.
- Healthy cells are volumized cells.
- The Healthy State of the cells is a negative pressure environment
- The lymphatic vessels, lined with one way check valves, create the healthy negative pressure environment of the cells.
- Obesity is a form of lymphedema, which is swelling due to trapped blood proteins.

Thus the negative pressure of the healthy cell environment creates both health and beauty. And we enhance the esthetics of the entire body, as we become healthy.

Disclaimer:
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